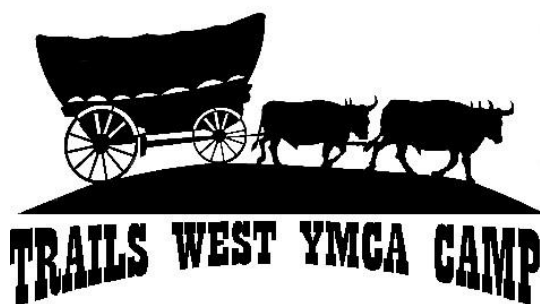


# Trails West YMCA Day Camp 2013



## Parent Packet!

Dear Parents,

At the Trails West YMCA Camp, we provide a safe, nurturing and fun-filled environment for our campers. Our dedicated, experienced and well-trained YMCA staff introduces campers to summer camp exploration while fostering personal growth and development. Day campers learn new skills, try new things, gain confidence and grow in ways that will benefit them long after the program is over.

Whether it is through music, imagination, swimming, sports or fun, our goal is to build self-confidence and to create a positive experience through positive energy. At Trails West YMCA Camp, our day campers learn, have fun and are continually encouraged to realize their potential and seek out their dreams. Activities are camp-centered, and emphasize social development, character development, leadership, teamwork and sportsmanship. The goal in each activity is to build self-esteem by encouraging children to feel capable and confident in their abilities. *Effort over results* is the philosophy upon which we encourage our children to follow.

Sincerely,  
Trevor Coxbill

## Our Mission

Our mission through community support, volunteers and professional staff, is to help all citizen regardless of age , ethnic background, religion, gender, economic status or disability in our community, to put Christian principals into practice through affordable programs that build healthy body, mind and spirit for all; to strengthen individual and family and enrich human relationships bringing a fuller understanding of and a deeper relationship with God.

## Quality

We intend to make summer camp a wonderful memory for campers. That means we pay close attention to the quality and tone of each day and each week:

- Safety for your child is our utmost concern; at every level - physical, emotional, spiritual, mental.
- Staff who love being with kids, who care about the well-being of your precious treasures, who are well trained and can be counted upon to be the kind of role models parents appreciate.

Activities that provide campers with great new experiences, great leaders, and great equipment.

Included in this packet you will find information about our Day Camp program. Please make note of the changes from last year's schedule and policies.

### Schedule

Following is our standard daily schedule. On field trip days this schedule may be altered in order to facilitate travel time and special activities.

7:30 A.M. - 8:30 A.M. - Drop-Off

8:30- 9:00 - Chapel Service

9:00-10:30- Activity Period 1

Snack

10:30-12:00-Activity Period 2

12:00-1:00- Lunch and Rest Period

1:00-2:30- Activity Period 3

Snack

2:30-4:00- Activity Period 4

4:00-4:30- Closing

4:30-5:30- Pick-Up

### Behavior Policy

In response to a nationwide increase in childhood bullying, Trail West YMCA Camp has adopted a No Tolerance Policy for bullying and malicious behavior. If a camper is found to be bullying, fighting, picking on, or in any way involved in malicious behavior directed towards another camper or staff, that camper will be suspended for one week from the program. After one week the camper may be allowed to return to the program after a conference between the Camp Director, Camper, and Parents/Guardians. If the camper is involved in a second incident, they will be expelled from the program for the rest of the summer.

This policy is not intended to chase campers away. As children grow in spirit, mind, and body it is inevitable that mistakes and accidents occur. Day Camp Staff will counsel any negative behavior with all parties involved. It is up to the discretion of the Camp Director and Staff to decide if the behavior was bullying or malicious. A copy of the behavior incident form is included in this packet.



## Camper's Belongings

Be sure to write your camper's name on all of their belongings. Lost and Found gets full very quickly during Day Camp. Having your child's name written on everything they bring to camp will help us get those items back to them. There will be plastic tubs set out during Check-In and Check-Out times for Lost and Found to be collected in. If you think your child misplaced something at Camp, please check the tubs before leaving.

### Things to Bring to Camp

- |                                 |                   |
|---------------------------------|-------------------|
| 1. Sunscreen                    | 6. Swim Trunks    |
| 2. Bug Spray                    | 7. Towel          |
| 3. Sandals (Pool/Lake use only) | 8. Back Packs     |
| 4. Sack lunch                   | 9. Water Bottle   |
| 5. Tennis Shoes                 | 10. Hat           |
|                                 | 11. Good Attitude |

### Things to Leave at Home

1. Pocket Knives
2. Toys
3. MP3 Players
4. Cell phones
5. Video Games
6. Fishing Poles
7. Fireworks
8. Pokémon Cards
9. Trading Cards
10. Bad Attitude

Weapons of any kind are prohibited at camp. Any weapon that is brought onto camp grounds will be confiscated and the parents contacted. The police will be contacted in the event that a camper is planning to use a weapon to inflict physical harm to themselves or another camper. In this case the camper will not be allowed back at camp. ★





# Trails West YMCA Camp Summer Day Camp 2013

## Week 1

Child's Name: \_\_\_\_\_ Sex: M \_\_\_\_\_ F \_\_\_\_\_  
 Birth Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_  
 Parent Guardian Names: \_\_\_\_\_  
 Relationship to Child: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

### **Check In:**

5/28: \_\_\_\_\_ 5/29: \_\_\_\_\_  
 5/30: \_\_\_\_\_ 5/31: \_\_\_\_\_  
 6/1: \_\_\_\_\_

### **Check Out:**

5/28: \_\_\_\_\_ 5/29: \_\_\_\_\_  
 5/30: \_\_\_\_\_ 5/31: \_\_\_\_\_  
 6/1: \_\_\_\_\_

### **Pick-Up Authorization:**

1. \_\_\_\_\_  
 2. \_\_\_\_\_  
 3. \_\_\_\_\_

\*All additions or removals must be done by the parent. No verbal authorizations will be accepted.

## Drop-Off

The Format for Drop - off and Pick-up will be a little different this year than in the years past. Each child will have their own individual sign in card for that week that they are signed up to attend. It may seem a little more time consuming in the beginning but it is going to be more effective helping us with child management. The above image is an example of what you will be using starting the first day of camp!

## Pick-Up

Pick-up will be similar to drop-off procedures. All pick-up and drop-off's will take place in the Pavilion at the Trails West YMCA Camp. A photo I.D. is required in order to pick your child up. We do this to ensure your child's safety making sure they are not going home with someone they are not authorized to.



At times the Photo I.D process may be frustrating, but remember our main goal is your child's safety! Please do not get frustrated when someone asks for your I.D. it is our policy!





### Change in Drop-off/Pick-up authorization

\*Any changes in pick-up authorizations must be in writing! There will be no verbal authorizations accepted. Anyone picking up their child must present their government issued photo I.D. and also appear on the drop-off and pick-up authorization list!

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

This is a new form that is going to be introduced this year. This form is designed to add or remove people to your authorization list. If a person does not appear on this list the child will not be able to be released to this person. Please make sure that if there is a situation where someone other than a person that is on the authorization list is going to be picking up your child, make sure they are added to your authorization form. This will ensure that only the right people are picking up your children from camp and they are not going home with someone they are not supposed to.

## Medications for Your Child

If your child will be taking medication at camp be sure that all dosage information is filled out on their medical form. All medication must arrive at Camp in a prescription bottle marked for that medicine. Medication will be stored in a locked container until time to dispense. Campers are not allowed to carry any over-the-counter or prescription medications.



## Water Bottle Rule

All campers and staff are required to have a 20 oz or greater water bottle at Camp this summer. Please make sure to send a water bottle with your child everyday. Dehydration can ruin a fun day at camp, as well as having health risks to you child. YMCA water bottles can be purchased from the camp for \$1.00.



## First Aid

All of our staff receives training in First Aid and CPR. Our staff is prepared to handle minor First Aid incidents with First Aid kits placed throughout Camp. If your child becomes ill and needs to go home, you will be called on your primary contact number. If you cannot be reached on your primary or secondary numbers, other contacts listed on your registration and medical forms will be contacted. In the event that a major accident occurs our staff will contact Emergency Medical Services and you will be notified of the status of your child.



## Lunch

Be sure to send a sack lunch with your child every day. Your child is very active during Day Camp. They will be burning more calories than they did in school. As a result, they will get hungry. Making sure that your camper has a good breakfast will go a long way to helping them enjoy their day. Please do not send your child a lunch that requires a microwave. While we do have a microwave on site, this creates logistical problems and slows down lunch time.

## Snack Time

A morning and afternoon snack will be provided. The snack will be given between activity periods by the staff. Some examples of snacks are: apple wedges, granola bars, potato chips, carrots, raisins, and fruit leathers (Fruit Roll-up). Please make sure that your child arrives at camp having had breakfast. The morning snack is not intended to be a substitute for a morning meal.

## Questions To Ask Your Child

Day Camp is full of exciting and wonderful experiences for your child. It can be hard at times to get children to be specific in telling you what they did on any particular day. "What did you do at Camp today?" asks Mom. "Stuff," replies Day Camper. Following are some suggested questions to help you get a better idea of what your Camper did at Camp today:

1. What are your counselor's names?
2. Do you have a friend in your Adventure Group?
3. What did they talk about in Chapel this morning?
4. What was your favorite activity today?
5. Can you teach me how to sing a Camp song?
6. What are you going to do tomorrow?



## What Will My Child Do At Camp?

We are planning for a large variety of activities at Camp this summer. Some activities will be repeated daily, such as swimming. While some activities will be dependant on the theme of the week, such a face painting. While still other activities, like the camp garden and compost center, will last the entire summer.

Following is a general list of our Day Camp activities:

*Archery, swimming, canoeing, fire building, crafts, nature hikes, theatre, tracking, gardening, basketball, soccer, volleyball, Frisbee golf, atlatl, climbing wall, kickball, fishing, solar cooking, music, poetry, face painting, zip line, ropes course, dance, Gaga AND SOOO MUCH MORE!*

**Caring!**

**Honesty!**

**Respect!**

**Responsibility!**

